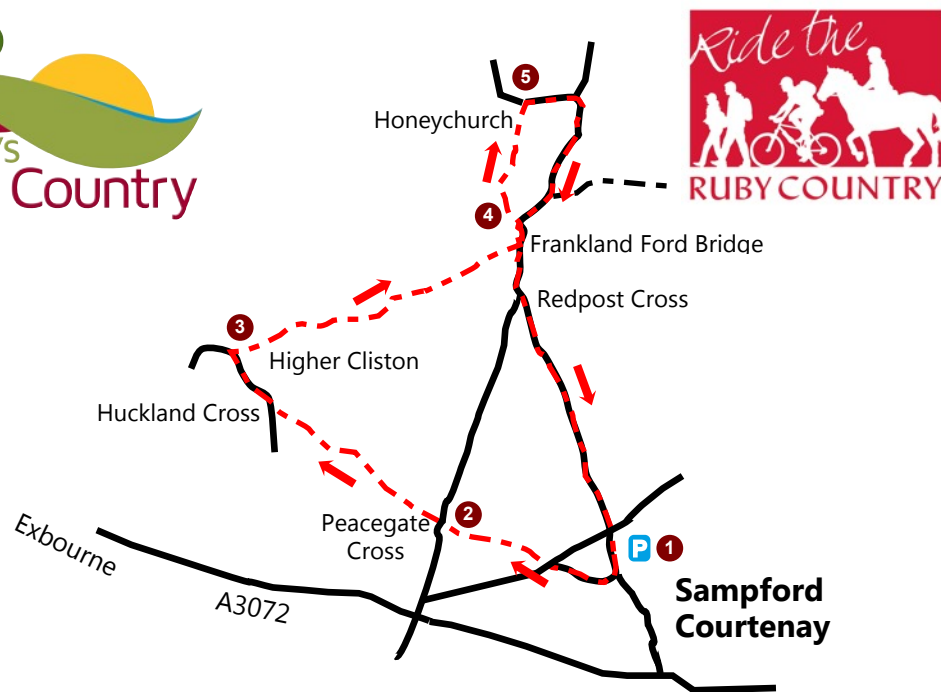


Sampford Courtenay - just beyond Ruby Country



Directions - Sampford Courtenay

DISTANCE	3 miles	TIME	1 to 1½ hours
PATHS	Quiet country lanes, tracks and footpaths across fields		
MAP	OS Explorer 113 or Landranger 191		
START/FINISH	Grid reference SS630012		
PARKING	Park in the centre of the village or outside the Village Hall		
FACILITIES	Pub, Post Office and public telephone in Sampford Courtenay.		

1. Sampford Courtenay is a lovely rural village. It's main historic claim to fame is that in 1549 the village joined with the Cornish in the Prayerbook Rebellion. This ended in defeat by the Kings Army outside the village. The church is worth visiting.

The walk starts from outside the church. Follow the road leading uphill away from the village centre. There is a sign indicating the Village Hall is in this direction, which is passed on the right. Take the next right turn and follow a track to the left between 2 gateways. Follow this grassy track for some time.

2. At the road, cross over and stay on the track ahead. When the road is reached again, turn right. As the road bends left, take the track leading off to the right, just by a building, with a public footpath sign.

3. This track narrows and arrives at a gate into a field. Enter the field and cross to the far left hand corner. It may be wet and marshy here. Cross a small wooden bridge and then pass through a gate onto a road. Turn left and cross a stone bridge; Frankland Ford Bridge. Soon after the bridge turn left over a stile into a field.

4. Cross the field diagonally uphill, heading towards a large beech tree in the distant hedge. Beside this tree is a stile and footbridge, into another field. Now head straight uphill keeping the hedge on the left. There is a church visible in the distance. Continue walking towards it. Cross a stile onto a road, into the hamlet of Honeychurch. The small church is worth visiting.

5. The route now uses the road to the end of the walk. After crossing the stile, turn right and right again at the next junction. Stay on this road as it gradually returns to Sampford Courtenay. At the only remaining junction, take the left fork, heading back to Sampford Courtenay church and the start of the walk.